

PRODUCT DATA SHEET

CITRAMINS®

DESCRIPTION

Dietary Supplement

Citramins®

Supplement Facts

Serving Size: Three Capsules Servings Per Container: 30

Three Capsules Contain:		% DV
Calcium (as Calcium Citrate)	300 mg.	30%
Iron (as Iron Citrate)	15 mg.	83%
Iodine (as Potassium Iodide)	120 mcg.	80%
Magnesium (as Magnesium Citrate)	270 mg.	67.5%
Zinc (as Zinc Citrate)	21 mg.	140%
Selenium (as Selenium Citrate)	150 mcg.	214%
Copper (as Copper Citrate)	0.9 mg.	45%
Manganese (as Manganese Citrate)	6 mg.	300%
Chromium (as Chromium Citrate)	200 mcg.	167%
Molybdenum (as Molybdenum Citrate)	90 mcg.	120%
Potassium (as Potassium Citrate)	90 mg.	2.6%
Boron (as Boron Citrate)	3 mg.	*
Vanadium (as Vanadium Citrate)	90 mcg.	*

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Leucine,¹ Silicon Dioxide.¹

¹A hypoallergenic ingredient used to fill space.

M249 / 90 Vegetarian Capsules

EXCIPIENT FREE

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose; palmitic acid; or magnesium, calcium or vegetable stearates.

HOW SUPPLIED

Citramins® is supplied in bottles of 90 two-piece vegetarian capsules. Packed 12 bottles per case.

CONTRAINDICATIONS AND WARNINGS

This product is contraindicated in a patient with a history of hypersensitivity to any of its ingredients.

INTERACTIONS

No known adverse interactions at publication date.

PREGNANCY WARNING

A patient who is pregnant or nursing, or who might become pregnant, should consult a health-care practitioner before using this product.

DOSAGE

Adult patients: 3 capsules daily, or as otherwise directed by a health-care practitioner.

STORAGE

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

MANUFACTURED BY

Thorne Research, Inc.
Dover, Idaho USA 83825
800-228-1966
208-265-2488 fax
info@thorne.com
www.thorne.com

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they are raising their standards
... at Thorne, we set them.™*



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EMAIL: info@thorne.com WEBSITE: www.thorne.com
TOLL FREE: (800)228-1966 TOLL-FREE FAX: (800)747-1950
P.O. BOX 25, DOVER, IDAHO, 83825

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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