

IONIC FOOT BATH

Here is an excerpt (from the manufacturer) about the water color changes that might help you better understand what is happening:

When the water becomes excited it ejects these tiny particles, and they become visually observable in the water. This will tend to make the water look dirty brown. Of course, just how dirty the water becomes is related to how much sediment is in the actual water. When you test a bucket of water to see this principle (with no body parts in the water), how dirty it actually becomes will generally be the same each time you use a new bucket of water from the same source.

If you were to run this test over and over again but with a different person's feet in the water each time, what happens to the water can be amazingly different. Sometimes the water will be dirtier, and sometimes cleaner. Without taking the individual whose feet are in the water into account; the whole color change seems completely random. But of course it is not. Only after a lot of observation do you begin to see what you already knew right from the start. It is the health of the person that plays the vital role in conjunction with the water.

We have covered the flow of living energy in relation to the health of the person and the quality of the water, so have you worked out what's going on yet? In this instance, let's say you are using the same quality water for each Aqua-Chi treatment so we can understand what's happening in the water a little easier. The quality of the water we use also contains a little sediment so when we test it in a bucket it turns brown as opposed to light brown or dark brown; so it's about midway in browns when it comes to color change. If you were performing Aqua-Chi treatments, it is always a good thing to test a bucket of water to see what color it may go as a reference to help understand the color after a treatment.

Because everybody's ability to absorb energy is different, the reaction of the water is also going to be different. Remember, good health - better energy ability, poor health - not so good energy-wise. It is this factor that the water reacts to.

Don't forget that the water is also wanting to keep some energy for itself, it desires energy just as much as you do. This means the energy created by the water is going to have to be shared by both you and the water. If you are in reasonable shape you're going to be able to get your fair share of energy, but if you're not so good you're only going to be able to absorb the amount your body can handle with the rest being kept by the water.

This is where the battery principle once again comes into the equation. When your battery is damaged you can only absorb a small amount of energy. In this case the water gets to keep the energy for itself. The water can then use this energy to dislodge the sediment and clean itself. So people with poor health tend to have a water color after treatment that would be a dark brown.

We also notice that if the person continued with the Aqua-Chi treatment that the water would become a lighter color as treatments progressed. On the other hand, if we treat a healthy person with the Aqua-Chi treatment, the water may only change to a very light brown because the healthy person can absorb their fair share of the energy produced by the water. In the end it comes down to a balancing act between the water and the person, taking into account how much energy the person can absorb and how much energy the water needs to dislodge its impurities.

Of course, this is a simple explanation of the energy exchange. It can get a little more complicated because it also depends on how much energy your water quality can produce, it depends on whether your battery is damaged or just low. All these factors affect what happens during the treatment.

NOTE: While the color changes in the water can be dramatic, it is not the most important factor and one must be careful about making any judgments based only on the water color.

Some waters do not change color and it is not always an indicator of whether energy is being produced. The best indicator that may be found in the water after a treatment would be an oily substance located on the container at water level. It generally contains materials released from the outer layers of the skin.

Another indicator after treatment can be found in the color change in the urine of the individual treated. Body function is increased which results in the darker coloring of the urine. A darker coloring of urine can also be seen after eating because the body is processing waste materials, after a treatment even though no food has been consumed the extra energy seems to activate waste product or toxin removal evident by its presence in the urine.

Many different colors and objects may appear in the water during a treatment:

Yellow-green, orange, brown, black, dark green, white foam, white cheeselike particles, black flecks, red flecks, bubbles of differing colors, brown particles.

What is the significance of each color?

Believe it or not, it is important to eat a variety of colorful foods in order to assure balanced chemistry. Every color is a chemical and has a chemical value. Chemical components of foods contribute to their acid-alkaline balance. As a general rule, Green Foods nourish the immune system, especially the liver and gall bladder. Red Foods nourish the endocrine system, including the pituitary gland, as well as the heart and small intestines. Orange Foods nourish the joints. Yellow Foods nourish the digestive system, including the spleen, stomach, and pancreas. Yellow-green foods nourish the kidney, bladder, urinary tract, female/prostate area. Brown Foods nourish the liver. White Foods nourish the respiratory system, namely the lungs, but also the large intestines, lymphatic system and skin. Black Foods nourish the circulatory system, kidneys, liver, gallbladder and bladder. White foam indicates mucous from lymph. White cheese like particles indicates probable yeast. Black flecks indicate heavy metals. Red flecks indicate blood clot material.

By the same token, when the water is changing colors, each color represents the part of the body that is being detoxified.

One of the most visual effects is the discoloration of the water, but while the color changes in the water can be dramatic, it is not the most important factor and one must be careful about making any judgment's based only on the water color.

Some people claim that what you see in the water are toxins being drawn right out of your body, but most of what you see happening with the water is related directly to the water being used.

You can easily test this for yourself, if you have the opportunity to run the Aqua Chi in a container of water, with no body parts in the water. You will probably see a pretty dramatic color change take place - although some waters do not change color, (even with feet in the water). The person using the water does influence what the water will look like as well, so that even using the same water source, the way the water looks can vary greatly among individuals.

The Aqua Chi is energy medicine, and I believe that we see the most benefit and detox AFTER a session – not necessarily during a foot bath. When the body is better balanced and charged, the body will be better able to detoxify through its regular channels of detoxification. (such as the kidneys, colon, liver).

Water, salt and the metal in the unit interact with each other to produce ions.

These ions will neutralize everything they come in contact with including toxins that are in tap and filtered water.

Depending on geographical location, approximately 20-40% of what you see in the water comes from the junk in the water, and the remaining 60-80% comes from the client's body.

The degree of detoxification will be reflected in symptomatic improvement, not water color change. Some waters do not change color [this has to do with the geographical region] and it is not always an indicator of whether energy is being produced. In some geographical regions, water may even change color without any body parts present in the water. The water color change without body parts has to do with the combination of industrial and chemical pollutants common to those areas.

Dr. Steven Kraskow, DC, PA
Chiro+Plus - 5205 E Kellogg Dr, Wichita, KS 67218 - 316.684.0550
InnerWorks – 3425 W Central, Wichita, KS 67203 – 316.946.0990
www.anaturalhealingcenter.com