

## Frequently Asked Questions

### ***Q: What do you do?***

**A:** I help people with the resolution of pain of unresolved health problems using a new perspective in diagnostics, integrating five diagnostic specialties with a specialized bio-feedback system to monitor neurological testing. The combination is a unique and comprehensive system of testing the body for specific tissue disorders.

### ***Q: How does the processing work?***

**A:** I use motor nerve and sensory-based testing for discovering tissue dysfunctions. By having the patient move or touch problems areas of the body, they stimulate the specialized nerves in all tissues of the body that take messages to the brain, I monitor the body with a bio-feedback device to determine the integrity of the body's response systems.

The bio-feedback device, a resonator, helps the doctor to detect functional defects in autonomic processing of the nervous system which inhibits muscle strength. Directing treatment towards eliminating the defect helps to restore body integrity, health and a reduction of pain.

### ***Q: How can you relieve pain without drugs?***

**A:** To relieve the pain of most muscle-skeletal conditions I assess bone and joint deviations resulting from muscle imbalances. The weakened muscles cannot provide resistance to the opposing normal muscles, causing the bone to deviate from alignment and the joint becomes distressed and inflamed. The normal muscles shorten and contract to stabilize the joint.

The shortened and tight muscles are tense and painful. The muscles that most doctors address by using heat, massage, and medication in an effort to "relax" the tight, painful muscles are the normal and reactive muscles. A Kinesiology specialist, however, will correct the joint deviation by locating the weak and inhibited muscles, and restore them to their normal tone, length and resistance, restoring the muscle balance, initiating the healing process and stopping the pain.

### ***Q: What makes a muscle weak?***

**A:** Thirty-five (35) factors are known to inhibit muscles into a temporarily or permanently weakness. The causative factor may be within the muscle or from a remote location by one of many physiological networks. These factors have been categorized into our acronym **S.C.O.P.E.** designating **Structural** deviations, bio-**Chemical** imbalances, **Organ** dysfunctions, **Psyche** -stress influences, bio- **Electrical** imbalances of the meridians and nerves. These categories are like files that help the doctor to organize the testing of an enormous number of details associated with restoring weak muscles and your health.

### ***Q: What is the primary benefit of having this type of healthcare?***

**A:** We fill a niche in the healing arts of being the benchmark of conservative care practitioners. The medical model excels in crisis care and life support services. Dr. Kraskow is helpful in most any condition of pain and dysfunction that allows time for researching the causal chain, and proceeding with conservative care restorations.

The course of care must not initiate further side effects that will have consequences for future health. Likewise the assessment system must be very articulate in providing safe and accurate information to monitor the patient's progress.

### ***Q: What kind of conditions can you help?***

**A:** My scope of practice includes the restoration of muscles, ligaments, bone inflammation, bone displacements, fixated joints, and chronic biochemical imbalances of hormones, yeast, allergies, and various metabolic dysfunctions.

### ***Q: What technology is used?***

**A:** I use the strong principles of the following well-established health care methods:

**Applied Kinesiology:** A.K. provides the sensory based testing technology for functional assessments of the neuro-muscular system, as well as many of the therapeutic applications for muscle reactivation.

**Clinical Kinesiology:** C.K. provides the principles of frequency based hand "antennae" positions. "Hand modes" provide frequency matching tests to identify factors associated with various body dysfunctions.

**Sacro-Occipital Technique:** S.O.T. provides the category system of pelvic distortion patterns and a comprehensive neurological assessment for visceral dysfunctions.

**Bio-Resonance Technique:** provides the principles of monitoring neurological stress signals with a bio-feedback device. This signal correlates with the neurological inhibition of muscles in standardized A.K. muscle tests.

**Electronic Meridian Therapy:** E.M.T. provides a powerful therapeutic "bridge" for restoring the normal electrical activity of all systems of the body which governs the coordination of all body functions.

**Q: *What is the scope of your practice?***

**A:** I treat a very wide variety of conditions. A painless, but in-depth examination gives us the information we need to identify the cause of your pain or dysfunction. My testing will direct me to Structural deviations, Chemical imbalances, Organ dysfunctions, Psychological stress, or Electrical impairments of the nerve or acupuncture system as the source of your condition. This broad S.C.O.P.E. of assessment provides a unique perspective that is necessary for the resolution of complex health issues.

**Q: *Does my insurance cover this health care?***

**A:** Most insurance will provide some coverage of services. The best way to know for sure is for you to call your insurance company and ask directly about soft tissue manipulation done by a chiropractor. There is so much variation in the coverage of this service that it is best for you to talk with your insurance company.

**Q: *What is the difference between Chiropractic and Kinesiology?***

**A: The Chiropractic principle**

...proclaims that the nerve system of the body, functioning as the master communication system of the body, can become impaired so that the brain or body parts are no longer communicating essential information for the maintenance of health. The removal of the impairment factor by spinal manipulation can greatly enhance the functional integrity of the body and restore health and well-being.

**The Kinesiology principle proclaim**

...that the muscles of the body not only stabilize and move the joints of the body, but each muscle has a specific biological interaction through the nervous, circulatory, and meridian systems with the body organs, both in health and in disease.

Using specialized sensory stimulation testing and motor response testing, doctors trained to perform and observe muscle response tests acquire diagnostic information for "personalized" treatment protocols correcting the patient's impairment factors without spinal manipulation.

**Kinesiology literally means to study movement.**

Muscles provide movement for the body with as many as thirty-five factors to control the coordinated contraction and relaxation for each of the 635 muscles. Attaining integrity of the muscle-skeletal system is complicated, requiring the skills of a professional dedicated to the study of all systems of the body.

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